

# 12 months- well child care

Name: \_\_\_\_\_

## Household

Who lives in the home (e.g. Father, mother, brother, etc.)? \_\_\_\_\_

Does your child attend daycare?                      Yes                      No

## Development

Walks holding on to things like furniture?                      Yes                      No

Walking?                      Yes                      No

Stands alone?                      Yes                      No

Stacks at least 2 blocks?                      Yes                      No

Turns pages of books?                      Yes                      No

Drinks from cup?                      Yes                      No

Understands simple phrases?                      Yes                      No

Says "mama" and "dada" specific to parent                      Yes                      No

Plays with other children?                      Yes                      No

Child gets upset around strangers                      Yes                      No

## Nutrition

Bottle feeding or breast feeding?                      Bottle                      Breast

Weaned from bottle?                      Yes                      No

Started whole milk                      Yes                      No

Well balanced diet with table and stage 3 foods?                      Yes                      No

Well water or city water?                      Well                      City

## Bowel habits

How many stools a day?

What do the stools look like (soft, seedy, loose)? \_\_\_\_\_

## Sleep Pattern

Sleeps through night in own crib?                      Yes                      No

## Safety

Is car seat in the back seat and rear facing?                      Yes                      No

Is your child exposed to tobacco smoke?                      Yes                      No

Are there any improperly stored  
firearms in the home?                      Yes                      No

Is the hot water temperature set low enough  
to prevent accidental burns?                      Yes                      No

Continuing to childproof home?                      Yes                      No

Are there working smoke detectors in the home?                      Yes                      No

## Miscellaneous

Any questions or concerns?                      Yes                      No

If yes, what are they

*Please circle any of the questions below to which your answer is "YES".*

**Lead Risk Assessment:**

- Lives in or regularly visits a house/building built before 1978 with peeling or chipping paint, recent/ongoing renovation or remodeling?
- Ever lived outside the United States or recently arrived from a foreign country?
- Sibling, housemate/playmate being followed or treated for lead poisoning?
- If born before 1/1/2015, lives in a 2004 "at-risk" zip code?
- Frequently puts things in his/her mouth such as toys, jewelry, or keys, eats non-food items?
- Contact with an adult whose job or hobby involves exposure to lead?
- Lives near an active lead smelter, battery recycling plant, other lead-related industry, or road where soil and dust may be contaminated with lead.
- Uses products from other countries such as health remedies, spices, or food, or store or serve food in leaded crystal pottery or pewter?

**Tuberculosis Risk Assessment:**

- Was your child born in, or lived more than a year in a country other than the U.S.?
- Has your child been exposed to anyone with either active or a history of Tuberculosis disease?
- Is your child living in a house hold with anyone who is HIV Positive?
- Is your child part of a migrant worker family?

---

**Below this line is for Office Use:**

Weight \_\_\_\_\_

Height \_\_\_\_\_

Head Circumference \_\_\_\_\_

Blood Pressure \_\_\_\_\_

Vision Test: Left 20/ \_\_\_\_ Right 20/ \_\_\_\_

Hearing Test: